

## **Blessed to be pain free!!**

**I was diagnosed with Scoliosis when I was 11. About a year ago I started feeling several different symptoms in my body. My menstrual cycles were off, I felt light headed, had nausea, suffered from constant headaches, lower back pain, and bad sleep. I saw two doctors who suggested physical therapy and muscle relaxers. I was told to get surgery for my Scoliosis.**

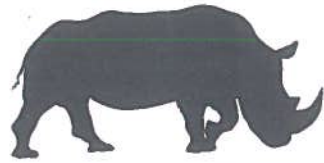
**I started seeing Dr. Spicer in May 2016. I started seeing results after the first week and half and started feeling better. No more nausea, no dizziness, no more constant headaches, have better sleep, and my cycle is back to normal!**

**Dr. Spicer radiates both professionalism and general care for his patients. I feel blessed to have been led to him!**

**Thanks Dr. Spicer!**

**Jazzlyn Liggins**





**Broadway Chiropractic**  
*Charging toward health*

## **I walked with a limp and now I run!**

**Before seeing Dr. Jeff, I suffered from horrific hip pain. I was considering surgery. I'm an athletic person and full of energy however the pain was becoming unbearable! I was living with the pain for about three years. I was basically living on advil.**

**In December 2015 I was introduced to Dr. Jeff through my good friend Sally Myers. After about 6 adjustments the results were astonishing! I actually was able to go for a run for the first time in 3 years! I no longer was limping and in pain, and I couldn't believe that I could run again.**

**Dr. Jeff radiates both professionalism and shows genuine care for his patients. He has the knowledge and skill of a great physician. I thank God I was led to see him!**

**Thanks Dr. Jeff!**

**Megan Hutchinson**

